

Be in the know about

A large, white outline of the letters 'CO' is centered on a dark gray background. The 'C' is a simple, open curve, and the 'O' is a complete circle.

Carbon Monoxide

Carbon Monoxide: the silent killer.

It can be neither seen or smelled, which is why
Carbon Monoxide (CO) is known as the silent killer.

It can overcome its victims undetected.

Protect your family. Be in the know about CO.

01

SIGNS

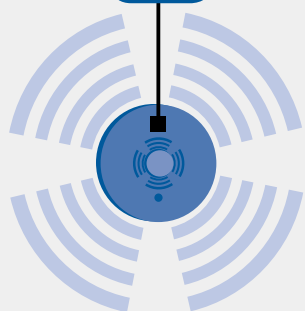
Know the warning signs of CO gas at home.



1

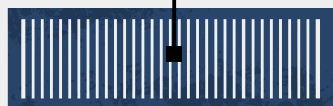
Loose, disconnected, water-streaked or rusted chimney vents

2



CO alarm sounds

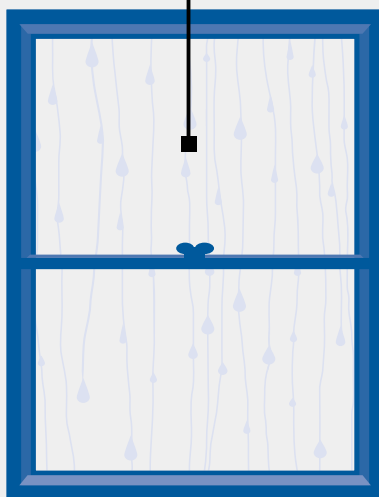
3



Discoloration of fuel burning appliances or heating system warm air vents

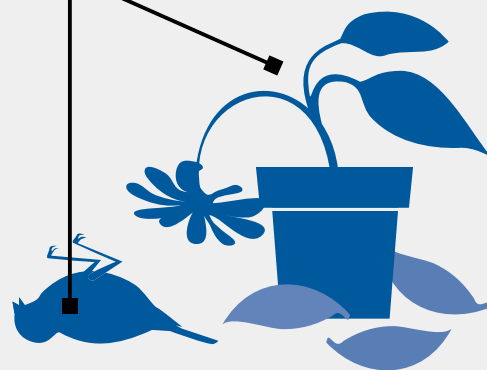
Window condensation

4



5

Sick or dying pets or plants



6



Soot build-up or discoloration on fireplaces

02

SYMPTOMS

Know the symptoms of CO gas poisoning.

1 Mild

Mild symptoms of CO poisoning can be mistaken for the flu or food poisoning:

Headache
Nausea
Dizziness



2 Strong

Stronger symptoms may include:

Breathlessness
Confusion or
Hallucinations



3 Severe

Life-threatening symptoms include:

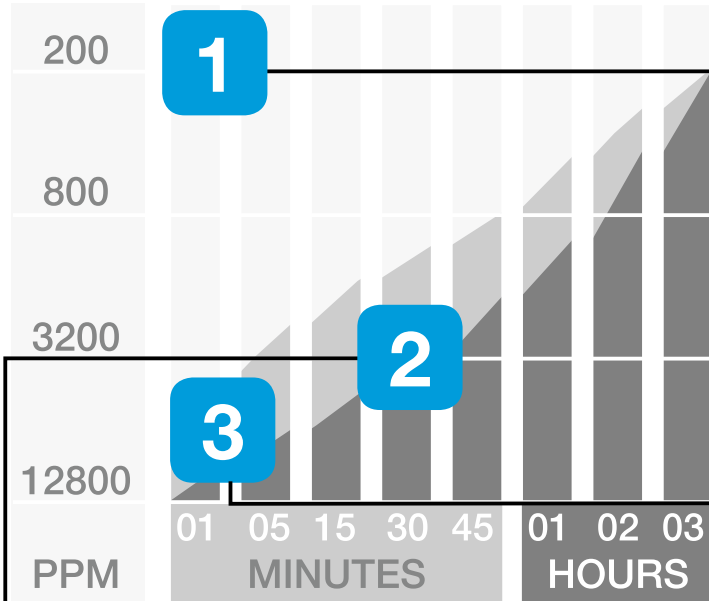
Collapse or
Convulsions
Unconsciousness



03

EXPOSURE

CO gas exposure rates:
Time / Parts Per Million.



Death risk increases with exposure

Dizziness
Headache
Nausea

200 PPM | 2 – 3 hours



Collapse
Unconsciousness

3200 PPM | 30 minutes



Death

12800 PPM | 1 – 3 minutes



04

REACT

Know what to do if you suspect CO exposure.

1 Get outside

Everyone leave the area immediately.

2 Call 9·1·1

Call for help once outdoors.

3 Seek immediate medical attention

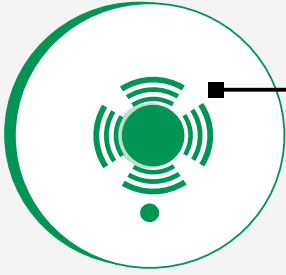
CO poisoning can be fatal if left untreated.



05

PREVENT

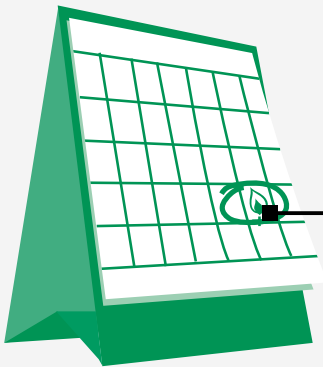
Know how to prevent CO gas exposure.



1 Detect

Install CSA* (Canada Standards Association) approved CO alarms on every floor of your home, near sleeping areas.

*Look for the  logo.



2 Inspect

Schedule regular inspections of gas appliances by a licensed gas contractor.



3 Leave it outside

Never operate portable fuel burning devices indoors, such as camp stoves, lanterns, generators or barbecues.



4 Store it right

Store propane tanks in a well ventilated, secure outdoor area. Store in an upright position, away from sparks, flame or direct sunlight. Use soapy water to detect for leaks.